

Std:1 Question Bank of Environmental Studies for the First Term

Chapter -1 (Myself)

A.Fill in the blanks:

- 1.My name is _____.
- 2.I am a _____.(boy/girl)
- 3.I am _____ years old.
- 4.I study in class _____.
- 5.My class teacher's name is _____.
- 6.The name of my school is _____.
- 7.My birthday is on _____.
- 8.My father's name is _____.
- 9.My mother's name is _____.
- !0. My principal's name is _____.
11. I live in Cuttack.
- 12.You can contact me at _____.

Chapter -2 (My Body)

A.Answer the following questions :

Q1.Name the body parts found on the face.

A1.Ears,eyes,nose,and mouth are found on the face.

Q2.How do our legs and feet help us ?

A2.Our legs and feet help us to jump,walk,run and kick.

Q3.How do our arms and hands help us?

A3.Our arms and hands help us to write , paint ,eat and hold things.

Q4. Name the five sense organs.

A4.Eyes, nose ,ears ,tongue and skin.

Q5 .Name the largest sense organ.

A5.Skin is the largest sense organ.

B.Fill In the blanks:

1. We write with our hands.

2. We see with our eyes .

3.We hear with our ears.

4.Our nose help us to smell.

5.Our tongue helps us to taste.

6.Our skin helps us to feel.

C.Give one word answer:

1.The part of the body used for jumping.Feet.

2.The part of the body used for writing.Hand.

3.The sense organ that helps to taste.Tongue.

Chapter -3 (My Family)

A.Answer the following questions:

Q1.What is a family ?

A1.Parents and their children together make a family.

Q2.What is a nuclear family ?

A2.A nuclear family is a family that has parents with two or more children.

Q3.What is a joint family?

A3.A joint family is a family that has more than one set of parents living together with their children.

Q4. What is an ideal family?

A4.An ideal family is a family who shares their work at home.

Q5.Name two types of families?

A5 . Nuclear family and joint family are the two types of families.

B.Fill in the blanks:

1.Your father is your mother's husband.

2.You are your parent's son /daughter.

3.Your father's/mother's sister is your aunt.

4.Your father's /mother's parents is your grandparents.

5.Your mother is your father's wife.

6.Your brother/sister is your sibling.

7.Your father's/mother's brother is your uncle.

8.Your uncle and aunt's children is your cousin.

9.Father's parents are called grandparents.

10.You are your parent's child.

C.Write 'True ' for correct statement and 'False' for wrong ones:

1.A joint family has four members .False

2.Our parents work hard.True

3.Members of a family should help each other.True

Chapter -4 (My Food Habits)

A. Answer the following questions:

Q1. Why do we need food?

A1. We need food to get energy, to grow and for good health.

Q2. Name the food items that help us to grow.

A2. Milk, fish, pulses and egg help us to grow.

Q3. Name the food items that give us energy.

A3. Chapati, rice, bread and butter give us energy.

Q4. Name the food items that keep us healthy.

A4. Fruits and vegetables keep us healthy.

Q5. From where do we get food?

A5. We get food from plants and animals.

Q6. Write any two good food habits.

A6. (a) Eating lots of fruits and vegetables.

(b) Drinking 8 to 10 glasses of water daily.

Q7. What are food grains?

A7. Pulses and cereals are together called food grains.

B. Fill In the blanks:

1. We get our food from plants and animals.

2. Home made food is good for our health.

3. Things we get from milk are called milk products.

4. We must eat food from all the three groups everyday.

C. Name these:

1. Two things we get from plants.

A. Fruits, vegetables.

2. Two things we get from animals.

A. Milk, eggs.

3. Three main meals taken in a day.

A. Breakfast, lunch, dinner.

D. Write 'True' for correct statement and 'False' for incorrect statement:

1. We get milk from hen. False

2. Apple is a junk food. False

3. We get butter from milk. True

4. We get honey from bees. True

5. Do not eat junk food. True

E. Define:

1. Meal-The food that we eat at a certain time.

2. Milk products-Things that we get from milk.

F. (1) Draw and colour any two things that plants give us.

(2) Draw and colour any two things that animals give us.

Chapter -5 (Home Sweet Home)

Answer these questions:

Q1. What is a home ?

A1. The house where we live with our family is called a home.

Q2. Why do we need a house?

A2. We need a house to protect us from heat, cold, rain, animals and thieves.

Q3. What is a kutcha house?

A3.A kutcha house is a house made up of mud, straw, bamboo and leaves.

Q4.What is a pucca house?

A4. A pucca house is a house made up of bricks, cement, steel and wood.

B. Fill in the blanks :

1.The room where we sleep is the bedroom.

2.Pucca houses are strong.

3.The room where my mother cooks food is the kitchen.

4.Another name for a kutcha house is a hut.

5.The room where we study is the study room.

C.Name these:

1.Two types of houses.

A1.Kutcha house , pucca house.

2.Two types of special houses.

A.Igloo, houseboat.

D.Give one word answer:

1.The room where we eat our meal. Dining room

2.The room where we entertain our guests. Drawing room

3.A part of a house where we do different thing. Room

4.The room where we take bath. Bathroom

E.Write 'True' for correct answer and 'False' for wrong statement:

1.Pucca houses are not strong.False

2.A kutcha house is made up of bricks and cement.False

3.A bungalow is a big house.True

F.Define:

1.Skyscrapers –Very tall buildings that seem to touch the sky.

F.Draw and colour a kutcha house and a pucca house.

Chapter -6 (Clothes)

A.Answer these questions:

Q1.Why do we need clothes ?

A1.We need clothes to cover our body.They protect us from heat, cold, rain , dust and insect bites.

Q2.What type of clothes do we wear in summer?

A2.In summer,we wear light coloured cotton clothes.

Q3.Where do we get wool from?

A3.We get wool from the fleece of a sheep.

Q4.What is a uniform?

A4.A uniform is a special set of clothes that look exactly the same and is worn in schools and some offices.

B.Fill in the blanks:

1.Students wear uniform at school.

2.Woolen clothes keep us warm.

3.We wear night wears when we sleep.

4.Plastics and rubber are used to make raincoats and gumboots.

5.We get cotton from cotton plant.

C.Name these:

1.Three major seasons .

A1.Winter season,summer season and rainy season.

2.Two things we use during rainy season.

A2.Umbrella,raincoat.

D.Write 'True' for correct statement and 'False' for wrong statement:

1.Cotton clothes keep us warm. False

2.We get silk from silkworm.True

3.We wear woollen clothes in summer.False

4.It is hot during summer. True

E.Give one word answer:

1.A special set of clothes that look the same.Uniform

2.It is used during rainy season,to keep our feet dry.Gumboots

F.Define:

1.Formal clothes – Clothes that we wear on weddings and parties.

Chapter -7(Air and water)

A.Answer these questions:

Q1.Where is air?

A1.Air is all around us.

Q2.What is wind?

A2.Moving air is called wind.

Q3.How do fish breathe ?

A3.Fish breathe through their gills.

Q4.How is tap water cleaned?

A4.Tap water is cleaned by boiling or filtering.

Q5.How should we store water?

A5. Water should be stored in a clean, closed container.

B. Fill in the blanks:

1. Rain is the main source of water on the earth.

2. Plants take in air through tiny holes on their leaves called stomata.

3. The rain water that gets collected in water bodies is called surface water .

4. Some rainwater that seeps into the ground and gets collected over there is called underground water.

C. Name these:

1. Two sources of surface water.

A. Ponds, rivers.

2. Two things in which air is filled.

A. Balloons, tyres.

3. Two uses of water.

A. Drinking , Bathing.

D. Write 'True' for correct statement and 'False' for wrong ones:

1. Animals can live without water. False

2. Air has no weight. False

3. Dirty water can cause many diseases. True

4. We breathe in air through our nose. True

E. Give one word answer:

1. The main source of water on earth. Rain

2. It is all around us. Air

3. It is used to put out fire. Water

F. Define:

1. Breeze – Wind that blows gently.
2. Storm- A very strongly blowing wind.

Chapter-8 (Keeping Healthy)

A .Answer these questions:

Q1. Write three golden rules to stay healthy.

A1.(a)Keep our body clean.

(b)Eat healthy food.

(c)Exercise daily.

Q2.Name two forms of exercises.

A2.Cycling,swimming.

B.Fill in the blanks:

1.We should maintain a correct posture.

2.Nails should be trimmed regularly.

3.We should sleep for eight hours a day.

4.Avoid eating junk food.

5.Drink plenty of water.

6.Exercise makes our body strong and flexible.

C.Write 'True' for correct statement and 'False' for wrong ones:

1.We should eat homemade food.True

2.We should not take bath everyday .False

3.Drink plenty of water.True

Chapter -9(Good Manners and Habits)

A. Answer these questions:

Q1. Who is a good child?

A1. A good child is one who has good habits and good manners.

Q2. Write two good habits that we should follow.

A2. (a) Wake up early in the morning and go to bed early at night.

(b) Help the needy.

Q3. What are manners ?

A3. Manners are a way of handling things.

B. Fill in the blanks:

1. Teachers teach us good habits at school.

2. Say thank you when someone gives you something.

3. Do not quarrel.

4. Obey your elders.

5. Always speak the truth.

6. Never tease anybody.

C. Write 'True' for correct statement and 'False' for wrong ones:

1. Always push others. False

2. Help the needy. True

3. Be polite. True

4. Say sorry for your mistakes. True

5. Always bite your nails. False

Chapter -10 (Be Safe)

A. Answer these questions:

Q1. Why should we follow safety rules?

A1. We should follow safety rules to avoid accidents.

Q2. How should we cross busy roads?

A2. We should use underground subways to cross busy roads.

Q3. What should we do when we get hurt?

A3. When we get hurt, we should inform our elders at once.

B. Write any two safety rules to be followed:

1. At home.

A(a). Do not play with matchsticks or fire.

(b). Do not play with sharp objects like knives and blades.

2. On the road.

A(a). Follow the traffic rules.

(b). Always walk on the footpath.

3. While playing.

A(a). Never play on or near the road.

(b) Do not play on an open terrace.

C. Fill in the blanks:

1. Stand in a queue at the bus stop.

2. Do not lean out of the window of a bus.

3. We should follow safety rules everywhere.

D. Define:

1.Safety rules - The rules that every person should follow to avoid accidents.

E.Draw ,colour and label a traffic light.